

Supplement Facts

Serving Size 1 Packet (7 g)
Servings Per Container 60

Amount Per Serving		% Daily Value**
Calories 15	Calories from Fat 0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	3 g	13%
Soluble Fiber	2.7 g	
Insoluble Fiber	0.3 g	
Sugars	0 g	
Other Carbohydrates	1 g	
Protein	0 g	
Vitamin A (100% as Beta-Carotene)		15%
Vitamin C		75%
Calcium		6%
Vitamin E		68%
Thiamin		134%
Riboflavin		118%
Niacin		131%
Vitamin B-6		351%
Folate		55%
Vitamin B-12		418%
Biotin		7%
Zinc		6%
Selenium		4%
Chromium		46%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Percent Daily Value is not established.

Ingredients: Biosphere Fiber™ (Guar Gum, Gum Arabic, Locust Bean Gum, Citrus Pectin, Oat Fiber, Citric Acid, Maltodextrin), Unicity 7X™ (Beta Glucan Extract, Maltodextrin, Orange Juice Flavor Blend), Bios Vitamin Complex™ (Calcium Carbonate, Maltodextrin, Ascorbic Acid, Chromium Yeast, Beta Carotene, Beta Glucan, d-alpha-tocopheryl acetate, Niacinamide, Zinc Glucanate, Pyridoxine Hydrochloride, Zinc Glucanate, Cyanocobalamin, Folic Acid, Thiamine Hydrochloride, Biotin, Riboflavin, Sodium Selenate, Chromium Polynicotinate), Orange Juice Powder, Sucralose, Citric Acid.

Item 00000 00000 Rev1
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